

# MCGREGOR JUNIOR HIGH CROSS COUNTRY SCHEDULE 2022



<b>Date</b>	<b>Meet and Location</b>	<b>Depart Time</b>	<b>1<sup>st</sup> Race Time</b>	<b>Order**</b>
August 27	Night Light Relay McGregor High School	Be at Course at 7:00 PM	7:40 PM - JHB 7:50 PM - JHG	JHB/JHG
September 3	Valley Mills Invitational Valley Mills TX	8:30 AM	10:20 AM - JHG 10:45 AM - JHB	JHG, JHB
September 10	McGregor HS Invitational MHS/Launchpad Park	Be at Course at 7:00 AM	7:50 AM - JHG 8:10 AM - JHB	JHG, JHB
September 24	Cameron Invitational Cameron Elementary	7:40 AM	10:00 AM - JHG 10:20 AM - JHB	JHG, JHB
October 1	Troy Invitational Troy High School	6:30 AM	8:00 AM - JHG 8:20 AM - JHB	JHG, JHB
October 8	District Cross Country Meet Cameron Elementary Cameron TX	TBD	TBD	TBD

\*\*Most Races are rolling schedule with about 20 minutes apart unless otherwise specified\*\*

Revised 7/25/22

Coaches: Emily Pruitt and David Mechell

Head Coach: Jason Taylor

Athletic Director: Mike Shields

JH Principal: Calvin Madewell

Superintendent: James Lenamon