



MCGREGOR HIGH SCHOOL CROSS COUNTRY SCHEDULE 2022



Date	Meet and Location	Teams	Depart Time	1 st Race Time	Order*
August 19	Rockdale River Run Apache Pass, Rockdale TX	V/JV	5:45 AM	8:00 AM	VG, JVG VB, JVB
August 26	Belton Invitational BLORA (Belton Lake)	V/JV	6:25 AM	8:30 AM	VG, VB JVG, JVB
September 3	Valley Mills Invitational Valley Mills HS Valley Mills TX	V/JV	6:40 AM	8:30 AM	VG, VB JVG, JVB JHG, JHB
September 10	McGregor HS Invitational MHS/Launchpad Park McGregor TX	V/JV	Arrive at 7:40 AM at the latest	7:50 AM	JHG, JHB VG, JVG VB, JVB
September 23	McNeil Meet Round Rock TX	V/JV	6:15 AM	9:00 AM	VG, VB JVG, JVB
October 1	Troy Invitational Troy HS Troy TX	V/JV	7:00 AM	8:00 AM	JHG, JHB VG, JVG VB, JVB
October 10	District Cross Country Meet Cameron Elementary	V/JV	TBA	TBA	TBA
October 24	Regional Meet Kate Barr-Ross Park Huntsville TX	Varsity Qualifiers	TBA	TBA	TBA
November 5	STATE - Old Settlers Park Round Rock TX Spectator Fee: \$7child/\$10	Varsity Qualifiers	TBA	TBA	TBA

Most Races are rolling schedule with 20-30 minutes apart unless otherwise specified

Revised 7/25/22

Head Coach: Jason Taylor jtaylor@mcgregor-isd.org

Assistant Coach: Amberly Leight

HS Principal: Stephanie Zamora

Athletic Director: Mike Shields

Superintendent: James Lenamon

To sign up for SportYou get the app and use this code: MZ8HDEAQ

First Day of Team Practice is August 1st at 6:00 AM at HS Track

Crawford to McGregor run and Amsler Park Pool is August 6th 7:45 AM-10:30

(We will run at Amsler Park, not on the road/HW 317)