

## Spartanburg District Four Comprehensive Health Education Materials

Grade Level	Adopted Textbook	Approved Supplemental Materials/Programs/Videos
<b>Woodruff Primary School</b>		
<b>K</b>	Macmillan and McGraw-Hill Health and Wellness by McGraw/Hill Learning Service Center	Second Step Child Protection Unit, 2014 Committee for Children Brain Pop, Jr. <a href="http://www.myplate.gov">www.myplate.gov</a> Conscious Discipline
<b>1</b>	Macmillan and McGraw-Hill Health and Wellness, Grade 1 by McGraw/Hill Learning Service Center	Second Step Child Protection Unit, 2014 Committee for Children Brain Pop, Jr. <a href="http://www.myplate.gov">www.myplate.gov</a> Conscious Discipline
<b>2</b>	Macmillan and McGraw-Hill Health and Wellness, Grade 2 by McGraw/Hill Learning Service Center	Second Step Child Protection Unit, 2014 Committee for Children Brain Pop, Jr. <a href="http://www.myplate.gov">www.myplate.gov</a> Conscious Discipline
<b>Woodruff Elementary School</b>		
<b>3</b>	Macmillan and McGraw-Hill Health and Wellness, Grade 3 by McGraw/Hill Learning Service Center	American Heart Association <a href="http://www.heart.org">www.heart.org</a> Healthy Living Guide <a href="http://www.choosemyplate.gov">www.choosemyplate.gov</a> Fitnessgram Guide
<b>4</b>	Macmillan and McGraw-Hill Health and Wellness, Grade 4 by McGraw/Hill Learning Service Center	<a href="http://www.fitnessgram.net">http://www.fitnessgram.net</a> Health and Nutrition Guide <a href="http://www.pecentral.com">www.pecentral.com</a>
<b>5</b>	Macmillan and McGraw-Hill Health and Wellness, Grade 5 by McGraw/Hill Learning Service Center	Physical Best Activity Guide <a href="http://www.shapeamerica.org">www.shapeamerica.org</a> Mary Black Foundation <a href="http://www.Maryblackfoundation.org">www.Maryblackfoundation.org</a> Partners for Active Living

		<p><a href="http://www.Active-living.org">www.Active-living.org</a>  Second Steps  <a href="http://www.secondstep.org/second-step-social-emotional-learning">http://www.secondstep.org/second-step-social-emotional-learning</a>  Kid President video lessons  B.I.N.T. Character Education Program (Bullying is Not Allowed)  Red Ribbon Week Campaign  Erin's Law  <a href="http://www.erinslaw.org">www.erinslaw.org</a>  <a href="http://www.saferoutesinfo.org">www.saferoutesinfo.org</a></p>
<b>Woodruff Middle School</b>		
<b>6</b>	Teen Health, Course 1, 6th Edition by Glencoe/McGraw-Hill Learning Service Center	<p>Nu-Culture  Healthy Relationships and Sexuality by Glencoe  Draw the Line, Respect the Line by ETR Associates  Websites:  <a href="http://www.caloriecount.com/">http://www.caloriecount.com/</a>  <a href="http://www.choosemyplate.gov/">http://www.choosemyplate.gov/</a>  <a href="http://meanstinks.com/">http://meanstinks.com/</a>  <a href="http://naturalhigh.org/">http://naturalhigh.org/</a></p>
<b>7</b>	Teen Health, Course 2, 6th Edition by Glencoe/McGraw-Hill Learning Service Center	<p>Nu-Culture  Healthy Relationships and Sexuality by Glencoe  Draw the Line, Respect the Line by ETR Associates  Websites:  <a href="http://www.caloriecount.com/">http://www.caloriecount.com/</a>  <a href="http://www.choosemyplate.gov/">http://www.choosemyplate.gov/</a>  <a href="http://meanstinks.com/">http://meanstinks.com/</a>  <a href="http://naturalhigh.org/">http://naturalhigh.org/</a></p>
<b>8</b>	Teen Health, Course 3, 6th Edition by Glencoe/McGraw-Hill Learning Service Center	<p>Nu-Culture  Healthy Relationships and Sexuality by Glencoe  Draw the Line, Respect the Line by ETR Associates  Websites:  <a href="http://www.caloriecount.com/">http://www.caloriecount.com/</a>  <a href="http://www.choosemyplate.gov/">http://www.choosemyplate.gov/</a>  <a href="http://meanstinks.com/">http://meanstinks.com/</a></p>

		<a href="http://naturalhigh.org/">http://naturalhigh.org/</a>
<b>Woodruff High School</b>		
<b>9</b>		<p style="text-align: center;">Safer Choices by Advocates for Youth  <a href="http://www.advocatesforyouth.org/publications/1128-ss">http://www.advocatesforyouth.org/publications/1128-ss</a></p> <p style="text-align: center;">Birth Control: Myths and Methods (26 minute DVD by Discovery Store Education)</p> <p style="text-align: center;">STDs: Lifetime Consequences (20 minute DVD by New Dimension Media)</p> <p style="text-align: center;">Sex Facts: Teens and STDs (28 minute DVD by Guidance Systems)</p> <p style="text-align: center;">Human Relations Media's Total Health: Becoming Physically Fit Series (3-25 minute videos on Muscle Strength and Endurance, Cardiovascular Fitness, Composition and Flexibility)</p> <p style="text-align: center;">Human Relation's Media's Essential Physical Fitness: What Every Teen Needs to Know (18 minute video)</p> <p style="text-align: center;">Human Relation's Media's Lifestyle Diseases and How to Avoid Them (18 minute video)</p> <p style="text-align: center;">Human Relation's Media's Ten Reasons to Get and Stay in Shape (24 minute video)</p> <p style="text-align: center;">Human Relation's Media's Athletes and Alcohol (23 minute video)</p> <p style="text-align: center;">Human Relation's Media's Ten Things You Didn't Know about Smoking and Tobacco (17 minute video)</p>
<b>10</b>		<p style="text-align: center;">Safer Choices by Advocates for Youth  <a href="http://www.advocatesforyouth.org/publications/1128-ss">http://www.advocatesforyouth.org/publications/1128-ss</a></p>

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[Comprehensive Health Education Act](#)

[Instructional Resources for Erin's Law](#)

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