

# 2017 MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

Northfield, MN  
St. Olaf College

Saturday, November 4, 2017



OFFICIAL MEET REPORT  
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**Race #4**  
**Class A Boys 5000M**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 Perham	118	9-16-26-31-36(45)(58)	17:05	1:00.3
2 St. James Area	148	12-22-28-34-52(55)(56)	17:13	1:11.4
3 Mankato Loyola/Clev	154	13-20-37-38-46(47)(60)	17:14	1:06.7
4 Lac Qui Parle Valley-	172	4-18-27-61-62(65)(70)	17:13	1:48.7
5 North Shore	175	11-17-40-48-59(92)(108)	17:18	1:18.8
6 Jordan	184	6-14-41-51-72(88)(104)	17:17	1:54.7
7 Greenway / Nashwau	195	3-33-39-44-76(101)(105)	17:21	2:19.2
8 West Central	220	8-32-43-64-73(85)(94)	17:28	1:50.3
9 La Crescent	223	1-21-57-69-75(79)(102)	17:23	2:26.7
10 Staples-Motley	229	5-19-42-77-86(90)(99)	17:29	2:20.7
11 Mora	247	7-35-53-74-78(81)(87)	17:35	2:01.1
12 Mounds Park Acade	251	2-49-63-66-71(91)(110)	17:30	2:20.3
13 Heritage Christian Ac	264	23-30-54-68-89(97)(100)	17:46	1:26.1
14 Mountain Lake Area	273	24-25-50-67-107(109)(112)	17:56	2:11.0
15 RAACHE	323	15-29-83-93-103(106)(111)	18:04	2:19.7
16 Ada-Borup/Norman C	351	10-80-82-84-95(96)(98)	18:03	2:11.1

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
29 Bailey More	JR	925	St. Peter	-	16:51.9	1:07.9
30 Noah Bundrock	SR	946	Howard	-	16:53.8	1:09.8
31 Clayton Anderson	JR	891	Perham	16	16:54.0	1:10.0
32 Noah Smith	SO	872	North Shore	17	16:54.0	1:10.1
33 Drew Hastings	SO	919	Belle Plaine	-	16:55.5	1:11.5
34 Tommy Ryan	JR	948	Pine City	-	16:55.6	1:11.7
35 Jake Andres	JR	952	Pierz	-	16:56.0	1:12.0
36 Mike Kvaal	SO	792	Lac Qui Parle V	18	16:57.3	1:13.3
37 Justin Heimkes	SR	949	Annandale	-	16:57.4	1:13.4
38 Hunter Klimek	SO	852	Staples-Motley	19	16:57.9	1:13.9
39 Chris Norton	SR	939	Nova Classical	-	16:58.4	1:14.4
40 Jerrett Peterson	SO	773	Mankato Loyola	20	16:59.2	1:15.2
41 Alec Ille	SR	912	Bloomington Prairi	-	16:59.6	1:15.6
42 Cole Fechner	SR	751	La Crescent	21	17:01.2	1:17.2
43 Troy Parulski	SO	783	St. James Area	22	17:03.5	1:19.5
44 Travis Miller	SO	841	Heritage Christi	23	17:05.0	1:21.0
45 Cole Nowacki	SO	967	East Grand For	-	17:05.4	1:21.4
46 Maxwell Gifford	JR	938	Minnehaha Aca	-	17:07.7	1:23.7
47 James Schwinghamer	SO	965	Ely	-	17:08.6	1:24.6
48 Jacob Gontjes	SO	966	Marshall School	-	17:10.6	1:26.6
49 Jonathan Tostenson	SR	953	Benson-KMS	-	17:11.1	1:27.1
50 Dalton Piottter	JR	802	Mountain Lake	24	17:11.9	1:27.9
51 Michael Miller	JR	950	Maple Lake	-	17:13.4	1:29.4
52 Dare Akinmusire	SO	937	Nova Classical	-	17:13.5	1:29.6
53 Nathan Runck	SR	801	Mountain Lake	25	17:14.4	1:30.5
54 Hunter Grimm	JR	917	Lake City	-	17:14.5	1:30.5
55 Brandon O'Hara	SO	893	Perham	26	17:15.2	1:31.2
56 Jack Osborne	SR	941	Math And Scien	-	17:15.8	1:31.8
57 Zeke Sather	FR	793	Lac Qui Parle V	27	17:16.6	1:32.6
58 David Johnston	SO	968	Pelican Rapids	-	17:18.0	1:34.0
59 Nels Trandahl	SO	947	Rockford	-	17:18.4	1:34.4
60 Seth Pierson	SO	784	St. James Area	28	17:19.1	1:35.1
61 Brady Henning	SR	933	Adrian	-	17:19.9	1:35.9
62 Zach Heppner	SR	973	Warroad	-	17:20.2	1:36.2
63 Samson Hagen	SO	915	Plainview-Elgin-	-	17:20.4	1:36.5
64 Josiah Eide	SR	761	RAACHE	29	17:20.6	1:36.6
65 Jakob Rusten	SR	924	Glencoe Silver	-	17:21.0	1:37.0
66 Tyson Mahar	FR	969	East Grand For	-	17:21.1	1:37.1
67 Jared Nordstrom	SO	842	Heritage Christi	30	17:21.3	1:37.3
68 Christopher Borash	SO	955	Royalton	-	17:21.5	1:37.5
69 Bailey Evenson	SO	896	Perham	31	17:21.8	1:37.8
70 Jack Vankempen	SO	862	West Central	32	17:21.9	1:37.9
71 Elijah Weiss	JR	957	Albany	-	17:22.3	1:38.3
72 Axel Daood	JR	914	St. Charles	-	17:22.7	1:38.7
73 Greg Peterson	SO	882	Greenway / Na	33	17:24.4	1:40.4
74 Zachery Anderson	SR	945	Spectrum	-	17:24.5	1:40.5

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Matt Steiger	SR	753	La Crescent	1	15:44.8	---
2 Declan Dahlberg	SR	821	Mounds Park A	2	15:44.8	0:00.8
3 Geno Uhrbom	FR	881	Greenway / Na	3	15:56.4	0:12.4
4 Nick Meyer	SR	911	Wabasha-Kello	-	15:59.2	0:15.2
5 Keiser Freetly	SR	791	Lac Qui Parle V	4	16:04.8	0:20.8
6 Emmet Anderson	FR	851	Staples-Motley	5	16:06.9	0:22.9
7 Owen Keiser	SR	811	Jordan	6	16:13.2	0:29.2
8 Cooper Lennox	SO	831	Mora	7	16:16.4	0:32.4
9 Jake Bright	SO	861	West Central	8	16:18.5	0:34.5
10 Harris Anderson	SO	936	Math And Scien	-	16:20.2	0:36.2
11 Ethan Olson	SR	959	Moose Lake /	-	16:24.4	0:40.4
12 Carson Speicher	SR	892	Perham	9	16:25.4	0:41.4
13 Christopher Groth	SR	944	Annandale	-	16:25.7	0:41.7
14 Christian Sterton	JR	901	Ada-Borup/Nor	10	16:31.2	0:47.2
15 Jake Paron	SR	871	North Shore	11	16:32.2	0:48.2
16 Lukas Pierson	SR	781	St. James Area	12	16:33.1	0:49.1
17 Mitchell Johnstone	SO	771	Mankato Loyola	13	16:33.4	0:49.4
18 Jack Heun	SR	943	Watertown-May	-	16:37.3	0:53.3
19 Jebadiah Merkle	SR	719	Southwest Chri	-	16:39.1	0:55.1
20 Hunter Gowin	JR	951	Breckenridge-	-	16:41.5	0:57.5
21 Luke Olson	SO	961	Ely	-	16:42.2	0:58.3
22 Hugo Ruiz	SO	920	Tri City United	-	16:43.4	0:59.4
23 Symon Keiser	SO	812	Jordan	14	16:43.9	1:00.0
24 Joshua Kemp	SR	960	Esko	-	16:45.0	1:01.0
25 Zach Haire	JR	954	Breckenridge-	-	16:46.3	1:02.3
26 Caleb Jones	SR	762	RAACHE	15	16:48.3	1:04.3
27 Grant Strukel	SO	922	Blue Earth Area	-	16:49.9	1:05.9
28 Taran Howard	SO	962	Deer River	-	16:50.5	1:06.5

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Athlete	YR	#	Team	Score	Time	Gap	Athlete	YR	#	Team	Score	Time	Gap
75 Alex Knickrehm	JR	782	St. James Area	34	17:24.6	1:40.6	121 Kyle Schill	FR	864	West Central	64	17:56.6	2:12.6
76 Reid Pierzinski	SR	970	Pequot Lakes	-	17:25.2	1:41.2	122 Josh Tastad	SR	927	Montevideo	-	17:57.6	2:13.6
77 Nathan Williams	JR	832	Mora	35	17:25.6	1:41.6	123 Isaiah Scruggs	SR	913	Stewartville	-	17:59.2	2:15.2
78 Jakob McCleary	8	895	Perham	36	17:25.6	1:41.6	124 Tate Nelson	SR	958	Morris Area Ch	-	17:59.6	2:15.6
79 Landon Javens	SR	772	Mankato Loyola	37	17:25.9	1:41.9	125 Colby Deuth	SO	797	Lac Qui Parle V (65)	18:00.5	2:16.5	
80 Brett Omtvedt	SO	775	Mankato Loyola	38	17:27.7	1:43.7	126 Satchel Tickel	SR	972	Hawley	-	18:01.2	2:17.2
81 Anthony Wollum	SR	930	Canby-Minneot	-	17:27.7	1:43.7	127 Henry Snider	SO	823	Mounds Park A	66	18:03.8	2:19.8
82 Bereket Loer	SO	974	Wadena-Deer	-	17:28.1	1:44.2	128 Emilio Garcia Dela Cru	SO	804	Mountain Lake	67	18:04.0	2:20.0
83 Spencer Engel	SO	884	Greenway / Na	39	17:28.6	1:44.6	129 Rolf Preus	JR	844	Heritage Christi	68	18:04.0	2:20.0
84 Kyle Siemon	SR	926	Belle Plaine	-	17:28.8	1:44.8	130 Dane McCormick	JR	754	La Crescent	69	18:04.5	2:20.6
85 Justin Clarke	SO	932	Murray County	-	17:29.1	1:45.1	131 Stephen Martin	SR	794	Lac Qui Parle V (70)	18:04.9	2:20.9	
86 Rory Shackelford	JR	929	Yellow Medicin	-	17:29.8	1:45.8	132 Isak Nightingale	8	824	Mounds Park A	71	18:05.1	2:21.1
87 Isaac Swanson	FR	874	North Shore	40	17:30.0	1:46.0	133 Max Ceplecha	SO	813	Jordan	72	18:07.9	2:23.9
88 Dan Wilson	SR	971	Dilworth-Glyndo	-	17:31.5	1:47.5	134 Kaleb Getz	SO	865	West Central	73	18:08.7	2:24.7
89 Jacob Strack	JR	815	Jordan	41	17:32.0	1:48.0	135 Josh Rawls	FR	834	Mora	74	18:09.4	2:25.4
90 Tanner Robben	FR	853	Staples-Motley	42	17:32.0	1:48.0	136 Lane Schwarz	JR	923	Lesueur Hende	-	18:10.0	2:26.0
91 Kade Runge	8	863	West Central	43	17:33.3	1:49.3	137 Bryce Duffy	SO	755	La Crescent	75	18:11.5	2:27.5
92 Samuel Rengo	JR	964	Esko	-	17:35.6	1:51.6	138 Nathan Frank	SO	934	Bold-BLHS	-	18:13.5	2:29.5
93 Cody Staydohar	SR	883	Greenway / Na	44	17:35.6	1:51.6	139 Daniel Olson	8	885	Greenway / Na	76	18:15.6	2:31.6
94 Peter Weber	SR	942	Minnehaha Aca	-	17:36.8	1:52.8	140 Ben Bortezak	JR	854	Staples-Motley	77	18:16.9	2:32.9
95 Chase Belka	SO	894	Perham	(45)	17:37.7	1:53.7	141 Kaden Smart	JR	835	Mora	78	18:17.5	2:33.5
96 Brady Omtvedt	SR	774	Mankato Loyola	46	17:40.0	1:56.0	142 Andrew Jaquette	SR	752	La Crescent	(79)	18:18.0	2:34.0
97 Payton Remiger	SR	777	Mankato Loyola	(47)	17:40.8	1:56.8	143 Tyrel Quick	SR	904	Ada-Borup/Nor	80	18:18.1	2:34.1
98 Will Surbaugh	SO	873	North Shore	48	17:41.4	1:57.4	144 Jordan Woods	SR	836	Mora	(81)	18:18.1	2:34.2
99 Tanner Kozen	JR	822	Mounds Park A	49	17:41.7	1:57.7	145 Connor Thompson	SR	902	Ada-Borup/Nor	82	18:18.9	2:34.9
100 Ryan Blomgren	JR	803	Mountain Lake	50	17:42.5	1:58.5	146 Eli Carlson	JR	956	Ottertail Central	-	18:20.9	2:36.9
101 Peter Monk	SR	918	Rochester Lour	-	17:43.2	1:59.2	147 Sam Fulton	SO	766	RAACHE	83	18:21.4	2:37.4
102 Isaac Dold	FR	814	Jordan	51	17:44.4	2:00.4	148 Nick Mathsen	SR	903	Ada-Borup/Nor	84	18:21.7	2:37.7
103 Jackson Miest	SO	786	St. James Area	52	17:44.4	2:00.4	149 Alex Salwasser	8	866	West Central	(85)	18:22.0	2:38.1
104 Selim Gilon	JR	931	Lakeview	-	17:44.6	2:00.6	150 Bentley Christensen	JR	855	Staples-Motley	86	18:27.6	2:43.6
105 Zach Garza	SR	833	Mora	53	17:45.6	2:01.6	151 Wilson Krueger	JR	837	Mora	(87)	18:28.6	2:44.6
106 Evan Jacobson	SO	843	Heritage Christi	54	17:45.7	2:01.7	152 Grant Lightfoot	SR	816	Jordan	(88)	18:30.0	2:46.0
107 Charlie Cruse	JR	940	Trinity	-	17:45.9	2:01.9	153 Matthew Thomforde	SR	846	Heritage Christi	89	18:31.0	2:47.1
108 Tanner Horton	FR	916	Pine Island	-	17:46.6	2:02.6	154 Brayden Christensen	JR	857	Staples-Motley	(90)	18:33.1	2:49.1
109 Mauricio Vite	SO	785	St. James Area	(55)	17:46.7	2:02.7	155 Henry Peterson	JR	825	Mounds Park A	(91)	18:35.5	2:51.5
110 Juan Castaneda	FR	787	St. James Area	(56)	17:49.2	2:05.2	156 Leif Anderson	JR	876	North Shore	(92)	18:36.2	2:52.2
111 Thomas Lechnir	SO	756	La Crescent	57	17:50.3	2:06.4	157 Ezra Craven	SO	765	RAACHE	93	18:38.0	2:54.0
112 Isaac Scheidecker	JR	897	Perham	(58)	17:51.0	2:07.0	158 Reubens Swanson	FR	867	West Central	(94)	18:41.7	2:57.7
113 Brenden Seipke	SO	875	North Shore	59	17:51.0	2:07.0	159 Tommy Stewart	JR	905	Ada-Borup/Nor	95	18:42.2	2:58.2
114 Micah Rentschler	JR	776	Mankato Loyola	(60)	17:51.0	2:07.0	160 Jace Thompson	SO	906	Ada-Borup/Nor	(96)	18:42.6	2:58.6
115 Mitchell Buerkle	SO	928	Springfield-Ced	-	17:51.1	2:07.2	161 Carter Kneeland	SO	845	Heritage Christi	(97)	18:42.6	2:58.6
116 Eean Allpress	JR	796	Lac Qui Parle V	61	17:51.3	2:07.3	162 Evan Borgen	SR	907	Ada-Borup/Nor	(98)	18:45.3	3:01.3
117 Cameron Dickey	SO	963	Cromwell-Flood	-	17:52.7	2:08.7	163 Jack Tyrrell	SO	856	Staples-Motley	(99)	18:45.4	3:01.4
118 Mason Brehmer	8	795	Lac Qui Parle V	62	17:53.5	2:09.5	164 Grant Kokkinen	SR	847	Heritage Christi	(100)	18:49.5	3:05.5
119 Javier Victorino	SR	921	GFW	-	17:54.4	2:10.4	165 Terrance Palkki	JR	886	Greenway / Na	(101)	18:52.2	3:08.2
120 Matt Bourne	JR	826	Mounds Park A	63	17:54.6	2:10.6	166 Cody Kowalski	8	757	La Crescent	(102)	18:52.6	3:08.6

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167 Marcus Krajewski	SR	764	RAACHE	103	19:08.0	3:24.0
168 Odin Pass	SR	817	Jordan	(104)	19:09.1	3:25.1
169 Dylan Dechampeau	SO	887	Greenway / Na	(105)	19:12.2	3:28.2
170 Evan Ouverson	SR	763	RAACHE	(106)	19:19.5	3:35.5
171 Josiah Gardiner	JR	805	Mountain Lake	107	19:22.8	3:38.8
172 Iron Tamanaha	JR	877	North Shore	(108)	19:25.5	3:41.6
173 Emmanuel Fentanez	SR	806	Mountain Lake	(109)	19:26.4	3:42.4
174 Sumner Wu	SR	827	Mounds Park A	(110)	19:45.9	4:01.9
175 Jeremiah Osterlund	SO	767	RAACHE	(111)	20:20.6	4:36.6
176 Logan Pankonin	SR	807	Mountain Lake	(112)	20:40.1	4:56.1