



Food Services

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Click **FOOD SERVICES** at westirondequoit.org for school sites/**MENUS**

**Please note:
Milk still costs
50 cents**

The federal government has extended its program for free breakfast and lunch for all students until June 30, 2022. All students opting for a free breakfast or lunch must take all the meal components required. Any lunch items bought a la carte (including milk only purchases for 50 cents) are NOT covered under the waiver and must be paid for. This also includes snacks, doubles, water bottles and ice cream.

mySchoolBucks

Studies show that students who eat a healthy breakfast are better able to focus. Schools that offer **breakfast on-site** often see a reduction in tardiness. Our breakfast consists of milk, juice, fruit & cereal. A hot item will be offered on select days.

Payment Options

Meals or milk can be prepaid online or with cash/check on site. Prepayment allows lines to move more quickly, giving students more time to enjoy meals.

1. Online: Go to westirondequoit.org and click the FOOD SERVICES Quick Link, then the MySchoolBucks logo. At that site, create your account and add money to your child's school meal account. You need your child's name, student ID number and 14617 zip code. IDs are on your child's schedule and available from the school secretary. **Sign up for email reminders so you know when your account is low!**

2. By check or cash: Make checks payable to "The School Lunch Fund." Write your child's full name and student ID number on an envelope. Put the cash/check in it. Envelopes can be dropped off at the school's main office, with a teacher or given to Food Service personnel. The entire amount enclosed will be applied to the student account, which rolls over year to year.

Things to know

- If you have more than one child in the district you can handle all online prepayments from the same account.
- Payments may be made through an existing PayPal account or with a major credit or debit card.
- A \$2.75 fee will be charged for a prepayment deposit transaction.

Free and Reduced Meals Program

Details and applications for this program are included in this publication. We are asking families to continue to submit applications to West Irondequoit Food Services even in lieu of the 2021-22 free meal program because:

- *If the federal government decides to release a new batch of P-EBT Food benefit cards during the pandemic, as it did last year, families may not qualify if there is not a current application on file.*
- *If the Federal government, at any point, decides to discontinue the free program for all.*
- *A current application will allow students to be temporarily eligible for the first 30 operational days of the next school year. This will give families time to put in a new application for next year once the reapplication process begins over the summer.*
- *Students who request fee waivers for things like AP exams/college applications won't qualify for the waiver if they don't have a current app on file.*
Questions? Call Sarah Herbert (585) 336-3063

***Information subject to change based on safety guidance**

National School Breakfast/Lunch regulations: Schools must offer a full cup of fruit with breakfast and students are required to take at least half a cup; at least half of the bread/grain offerings must meet the criterion for a whole-grain rich food; new sodium targets are in effect, lunches must contain 985-1080 mg. of sodium or less, depending on grade level; for breakfast, levels are 485-570 mg., or less (depending on grade); elementary schools can serve only water, milk, 100% juice (no more than 8 oz.), or 100% juice mixed with water.

Click the FOOD SERVICES Quick Link at www.westirondequoit.org for the full list