

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Alternate Entree Choices: Pizza Stackers Lunch Box - Ham Sandwich - PB&J Sandwich - Chef Salad				
	1	2	3	4
7	8 Pancakes w/ Scrambled Eggs Potato Stars <i>1st Day of School!</i>	9 BBQ Chicken Sandwich Baked Beans <i>Meal Bonus: Cookie</i>	10 Chicken Noodle Soup w/ Grilled Cheese Sandwich Green Beans	11 Nachos w/ Cheese & Beef Dip Corn
14 Turkey & Cheddar Roll-Ups Hummus w/ Veggies TRY ME!	15 Chicken Tenders w/ Mac & Cheese Green Beans	16 Cheeseburger or Hamburger French Fries <i>Meal Bonus: Cookie</i>	17 Pizza (Cheese or Sausage) Broccoli w/ Cheese	18 Mini Corn Dogs Baked Beans
21 French Toast Sticks w/ Sausage Tator Tots	22 Turkey Sub Roasted Chickpeas TRY ME!	23 Grilled Chicken Sandwich Potato Smiles <i>Meal Bonus: Cookie</i>	24 Pepperoni Pizza Rippers Broccoli w/ Cheese	25 Popcorn Chicken w/ Biscuit Mashed Potatoes
28 Chicken Nuggets w/ Soft Pretzel Stick Roasted Parmesan Broccoli TRY ME!	29 Pancakes w/ Scrambled Eggs Potato Stars	30 BBQ Chicken Sandwich Baked Beans <i>Meal Bonus: Cookie</i>	31 Chicken Noodle Soup w/ Grilled Cheese Sandwich Green Beans	

What makes a MEAL?

Choose **3-5 meal components** to build a healthy, reimbursable meal for \$2.30!

Meal Components:

Protein - Grain - Vegetable - Fruit - Milk

All **entrees** include:

Protein + Grain

Complete a meal with up to TWO fruit choices & TWO vegetable choices every day!

Daily Fruits Offered*:

*-At least 2 fresh options
-Up to 1 canned option*

Daily Veggies Offered*:

*-At least 2 fresh options
-At least 1 cooked option*

*Only **entrees** and one vegetable choice are listed on the menu to allow for staff creativity!

Packing a lunch? Leave the sides to us!

Skip the entree - grab a milk with up to 2 fruits and 2 veggies!

(Paid/free/reduced meal prices apply.)

Daily Alternate Entree Choices

TRY ME! **Pizza Stackers Lunch Box**
Stack'em high with crispy pita chips, mozzarella cheese, pizza sauce, and pepperoni
If you like Lunchables, you'll LOVE this!

Chef Salad
Romaine & spinach blend topped with ham, fresh veggies, and shredded cheese

PB&J Sandwich
Creamy peanut butter sandwich + grape jelly on the side

Ham & Cheese Sandwich
Back by popular demand!

PRICING:

BREAKFAST		LUNCH	
Paid Meal	\$1.60	Paid Meal	\$2.30
Reduced Meal	\$0.30	Reduced Meal	\$0.40
		Adult Meal	\$3.50
		Milk (a la carte)	\$0.60
		Entree (a la carte)	\$1.65

PAYMENT OPTIONS:

- Every student has a cafeteria account.
- All meals must be paid in advance in order to keep service as fast and efficient as possible.
- Payments can be made by check/cash (put in envelope with child's name clearly marked) & turned in to classroom teacher.
- Payments can also be made online for **FREE** at www.EZSchoolPay.com
- Use EZSchoolPay.com to track purchase history and payment history!

For more information about SMSC Nutrition Services and access to additional menus, visit www.smcsc.com/nutrition.

This institution is an equal opportunity provider.

FREE water available for EVERY student