

# ALL SAINTS CATHOLIC SCHOOL

## *Covid Protocol* *2022-2023*





## When to test for COVID-19

Testing should be performed when an individual has 2 or more symptoms of COVID-19 (without an alternate diagnosis or negative COVID-19 test).

These symptoms include:

- fever
- chills
- cough
- fatigue
- muscle aches
- headache
- loss of taste or smell
- sore throat
- congestion or runny nose
- vomiting
- diarrhea

## Isolation/Quarantine Guidelines for Positive Test Results

Any individual who tests positive for COVID-19 and/or displays COVID-19 symptoms must:

- Isolate at home for the first 5 days (Note: Day 0 is the day symptoms appeared, or if no symptoms, the date of the positive test.); and
- If symptoms have improved or no symptoms developed, return to normal activities, while wearing a well-fitted mask, for the next 5 days to protect others.

AND

- If an individual has a fever, stay home until fever free for a period of 24 hours without the use of fever reducing medications before returning to normal activities while wearing a well-fitted mask, until the 10-day period is complete.

OR

- Isolate at home for 10 days if unwilling/unable to wear a mask.

## Exposure to a Household Contact

If an individual is exposed to a household member who has tested positive for COVID-19, the individual must:

1. Conduct symptom monitoring for 10 days and wear a well-fitting mask for 10 days from the date of last exposure regardless of vaccination status. If unable to wear a mask for 10 days then isolation must occur.
2. If symptoms develop during the 10 days, the individual must test for COVID-19 and follow isolation guidelines based on test results.

## Exposure to Community, Social or Sports Event Setting

If an individual exposure is due to other type of contact (from a community, social, or sports event setting):

- Conduct symptom monitoring for 10 days; and
- Test if symptoms develop; and
- Consider wearing a well-fitting mask around others for 10 days from the date of last exposure to protect others. At a minimum, wear a mask in settings with higher risk of exposing vulnerable individuals.

# Common Questions

## Can I do a home test on my child or does it have to be a PCR test?

Home tests are available through pharmacies and government programs. You do not need to go to a lab or a medical facility for a confirmatory PCR test unless specifically instructed to do so by your local health department or medical provider (MDHHS). Keep in mind there are many different types of at-home tests, so be sure to follow the manufacturer's instructions exactly and perform the steps in the order they are listed.

## Will the teachers record lessons if my child needs to be isolated?

Teachers will not be recording lessons for students that are required to isolate at this time. Teachers will work with students and provide support for students that are isolated for extended periods of time.

## What do I do if I am unsure if I need to test my child?

Please call the office to speak to the school nurse to clarify any questions you may have regarding COVID-19 and any other illness.

## How do I notify the school that my child is positive for COVID-19 or ill?

If your child has tested positive for COVID-19 or is sick with any other illness please call the school attendance line at (734) 459-6873. The following should be included when calling: name of student, homeroom and specific reason for absence (fever, cough, abdominal pain, etc.)

## Can I call the attendance line if my child is absent for other reasons?

Yes, always notify the school of your child's absence such as vacation, doctor appointments, tardies, etc.

**Attendance Line:  
734-459-6873**

**School Nurse: Kelly Cameron  
kcameron@allsaintscs.com**

