

NASHOBA COMMUNITY PARTNERSHIP FOR CHILDREN

Bolton, Lancaster & Stow

NASHOBA NEWS 2020



Dear Nashoba Families,

As parents, what are the things you do to take care of yourself? In order for us to best care for our children and families, we need to first fill our own cups with joy and happiness. By allowing ourselves the time to experience what brings us health and contentment, we then have the capacity to share the joy with our families.

Maybe that looks like getting up earlier than your children so that you have time to meditate, journal, stretch, exercise, or sit silently with a warm cup of your favorite tea. Or maybe during some other time of your day it's when you allow yourself to read a good book, play your favorite music, or talk to a dear friend. Whatever it is that renews your spirit, give that gift to yourself. You are worthy of this gift! In addition, you will find that by doing so, your increased contentment will spill over in the kindness and love you can extend to your family.

Here is a happiness article for your perusal: [Link](#)

Wishing you well,

Liz Garreffi, MS, CCC-SLP

Early Childhood Coordinator/Team Chair

Nashoba Regional School District

If we can be of further help to you please feel free to contact us!

Liz Garreffi egarreffi@nrzd.net

Liz Dumas edumas@nrzd.net

UPCOMING EVENTS AND INFORMATION



Join Ms. Liz for a **FREE** virtual storytime with music and movement on Tuesday, October 6th, at 11:00 am. The letter of the day will be "P". We will enjoy together an original interactive movement story with songs! Have your child bring along a toy or item that begins with the "P" sound for show and share. To receive the link, please email Liz Garreffi at egarreffi@nrsd.net.



**FREE VIRTUAL
DISCOVER AND LEARN WEEKLY
PLAYGROUPS**

For Children Ages 2-5 Years Old

ENROLLMENT IS LIMITED

Registration Required

To Register:

Complete the Registration form:

[Registration Link](#)

and Ages & Stages Questionnaire: [ASQ Link](#)

First Session: October 5, 2020 ~ December 18, 2020

Families may choose one weekly playgroup:

Wednesdays 10:30 - 11 am

or

Fridays 10:00 - 10:30 am

Parent Education

Preparing Your Preschooler for Kindergarten

Are You Doing All You Can to Prepare Your Child for Kindergarten and Support Their Development at Home?

FREE Online Presentation

Wednesday, October 21, 2020 ~ 7-8:00 pm

Presented by: Cynthia Maxfield, MS. Ed.

Registration Link: [Eventbrite](#)

The Zoom link will be emailed to you before the presentation.

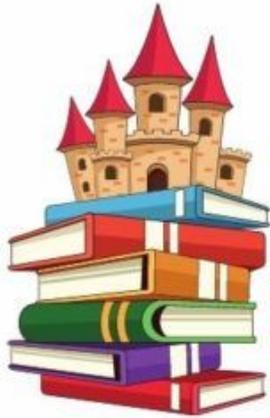
Flyer Attached

JOIN US!

**Nashoba Community Partnership for Children
Advisory Council Virtual Meeting
Tuesday, October 13, 2020 at 3:00pm**

Click this link to attend: meet.google.com/wbu-kyqw-qmn

Our Advisory Council is a collaboration of parents/caregivers, community members, child-related educators and service providers, preschool professionals, and agency leaders from our community towns of Lancaster, Bolton, and Stow. We meet four times per year to connect and set goals with a focus to improve services for our families with young children. Please join us, at whatever level possible. It's an opportunity to have an active and positive role in your community and in your child's education. New members are always welcome! For more information or if you have any questions, please contact Liz Garreffi, Early Childhood Coordinator, at egarreffi@nrsd.net, or by calling 978-779-0539 x3008.



Storytime with Miss Maren

Thursdays at 10:30 a.m. on Zoom

Join in for songs, rhymes, movements, felt board activities, and stories for ages 0-5 and caregivers.

Six-week session begins 9/17. Register at www.thayermemoriallibrary.org or email mcaulfield@lancasterma.net.

Online through Thayer Memorial Library, Lancaster

Thursdays at 10:30 a.m. on Zoom (six-week session starts 9/17).

Children ages 0 – 5 and their caregivers are invited to join Miss Maren on Zoom for a weekly storytime with songs, rhymes, finger plays, and books! The next six-week session begins on Thursday, September 17.

Registration is required:

<https://docs.google.com/forms/d/e/1FAIpQLSeuiM6QNRzd7zibj1zm5wzeu309yfvvBWddg3QRFh0pRIIabA/vi/ewform>

For more info contact Maren Caulfield at mcaulfield@lancasterma.net.

(Due to the evolving nature of the pandemic, TML will continue to offer virtual programs in place of in-person programming.)

Online through Randall Library, Stow

[Randall Library Youth Services LINK](#)

Preschool STEAM Story Time

Fridays, 10:30am to 11:15am



What do
BARN OWLS
eat?
Owl pellet dissection
lab

Kits available for pick-up
Thursday, Oct. 1 @ 9:30 AM

Thank you to Copeland Building
Envelope Consulting or their generous
support of this program.



LIGHT SABER



This program is supported in part by
the Randall Library Friends
Association, grants from the Stow
Community Chest and DCU for Kids,
and a generous donation from
Copland Building Envelope
Consulting.

Remote STEAM Club

Light it Up!

Learn to make a
simple **CIRCUIT**

(kits available for pick-up
Thursday, Oct. 8, 9 AM-3PM)

Ages 5+



Light-Up Wand

A Social Story for Families to Help Young Children Prepare for Return to School

Early Education and Care along with Nashoba Community Partnership for Children has permission from the author, Janet Lane, to share the attached storybook with you. Janet Lane is a licensed social worker from Somerville, MA. Her social story supports families and community partners as they talk with children about going back to school.

Janet Lane takes us on a journey with Reggie as he re-enters the mixed delivery system. The social story, Reggie is Going Back to School, is an excellent way to engage with children about what to expect as they re-enter early education and care programs and provide ways to identify feelings that children might have.

(Story attached)



The Nashoba Community Partnership for Children is funded by the C.F.C.E. Grant awarded to the Nashoba Regional School District by the Department of Early Education and Care to serve the families of Bolton, Lancaster & Stow.
Early Childhood Office: Emerson Wing of the Florence Sawyer School ~ 50 Mechanic Street, Bolton MA
Elizabeth Garreffi, MS, CCC-SLP, Early Childhood Coordinator / Team Chair ~ egarreffi@nrsd.net ~ 978-779-0539 x3008