

NASHOBA COMMUNITY PARTNERSHIP FOR CHILDREN

Bolton, Lancaster & Stow

NASHOBA NEWS 2021



Dear Nashoba Families,

A few years ago, my good friend introduced me to the practice of picking a word (or words) of the year, to start off the New Year. We both thought of words that incorporated ideas of what we wanted to accomplish and bring into our lives in the New Year. We used this practice in place of making New Year's resolutions that, let's face it, often get forgotten and broken. By having a positive word/words, we each had intentions and affirmations that felt much better, and helped us stay focused on what we wanted to manifest in our lives. Last year, my words were "I am balanced and flexible". This year, my words are "I am creative and thriving".

Have you tried this practice yet? Below is a helpful article that elaborates on the idea. I would love to hear what you think and if you find this practice beneficial!

Wishing you a wonderful, fruitful, and happy New Year!!

Liz Garreffi, MS, CCC-SLP

Early Childhood Coordinator/Team Chair

Nashoba Regional School District

Helpful word of the year article: <https://elisabethmcknight.com/word-of-the-year-ideas/>

If we can be of further help to you please feel free to contact us!

Liz Garreffi egarreffi@nrsd.net

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UPCOMING EVENTS AND INFORMATION

PARENT EDUCATION



MAXIMIZING CALM AND FOCUS DURING “EVERYTHING”

FREE Online Presentation

Wednesday, January 13, 2021 ~ 7:00 -8:00 pm

Presented by: Jenniferr Llado and Brenda Lovette

Registration Link: [Eventbrite](#)

The Zoom link will be emailed to you prior to the presentation.

Flyer Attached



STEM is Fun for Kids

STEM IS FUN FOR KIDS (3-6 years old)

Thursday, January 21, 2021 at 10:30 AM

Max of 15 kids or families

Presented by Barbara Jorda from STEM Beginnings

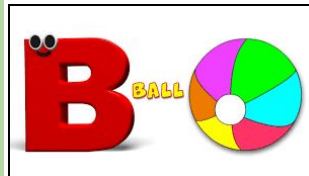
Register through Thayer Memorial Library: [Registration Link](#)

Jointly provided by: Thayer Memorial Library and Nashoba Community Partnership for Children

STEM Beginnings provides fun-filled experiences that encourage children's curiosity and learning. Children engage in challenges that allow them to explore Science, Technology, Engineering, and Math concepts using a variety of tools and techniques: from simple experiments and building challenges to art and crafts, and fun games! We offer a wide range of STEM lessons that help children learn new things, discover how things work, and create solutions to problems. We stimulate their minds and empower them to be life-long learners.

Our STEM is Fun for Kids classes will utilize a virtual /online format. These are highly interactive sessions with hands-on activities for children to enjoy.

- * Virtual learning via Zoom with STEM instructor
- * Synchronous and active learning
- * Materials will consist of common household products or those easily accessible at your local dollar stores. Supply list will be communicated with families prior to the class.



Join Ms. Liz for a FREE Virtual Storytime

Tuesday, January 12th, at 11:15 a.m.

Together we will enjoy an interactive story, along with music, movement, and a craft activity. The sound of the day is “B” so have our child bring a toy or item that begins with the “B” sound for show and tell. If interested, please email Liz Garreffi at egarreffi@nrds.net and the link will be emailed to you.

FREE Virtual Discover and Learn Weekly Playgroups

For Children Ages 2-5 Years Old

ENROLLMENT IS LIMITED ~ [Registration Required](#)

Registration includes a large activity bag that coincides with the weekly themes of each playgroup

Complete both the Registration: [Registration Link](#)
and Ages & Stages Questionnaire: [ASQ Link](#)

Second Session: January 6, 2021 ~ March 19, 2021

Families may choose one weekly playgroup:

Wednesdays 10:30 - 11 am (Space is limited)

or

Fridays 10:00 - 10:30 am (Class is full)

NEW



FREE VIRTUAL PARENT SUPPORT GROUP

January 6, 2021 - March 17, 2021

For Parents of Children Birth to Age 8

Facilitated by: Liz Garreffi, MS, CCC-SLP, Early Childhood Coordinator

We listened to your suggestions and are excited to offer this new weekly group!

This will be a space to share ideas, learn from each other, and support our community of parents to be their child's best first teacher. Topics will vary, depending on group interests, and guest speakers will be provided, as needed.

The weekly support group meets virtually on Wednesdays, 1:00 - 2:00 PM

To register, complete the Registration form: [Registration Link](#)

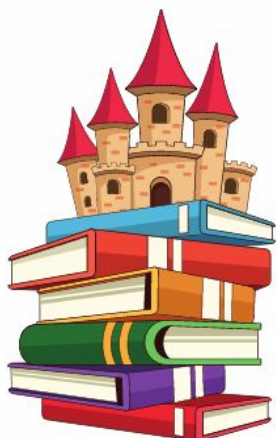


NASHOBA

Regional School District

PRESCHOOL INFORMATION

It's almost that time of year again! The Nashoba Regional School District is scheduling Preschool Open-House (virtual) and Preschool Screenings, see the attached flyers.



Storytime with Miss Maren

Thursdays at 10:30 a.m. on Zoom

Join in for songs, rhymes, movements, felt board activities, and stories for ages 0-5 and caregivers.

Six-week session begins 11/5. Register at www.thayermemoriallibrary.org or email mcaulfield@lancasterma.net.

Virtual Storytime with Miss Maren through Thayer Memorial Library, Lancaster

Here's the link to register: <https://forms.gle/vSGYUW342oZvJquJ7>

For more info contact Maren Caulfield at mcaulfield@lancasterma.net.

Randall Library, Stow

Preschool STEAM Story Time

Friday mornings 10:30am to 11:15am

Check out ongoing (remote) programming for children: [Randall Library](#)



The Nashoba Community Partnership for children is funded by the C.F.C.E. Grant awarded to the Nashoba Regional School District by the Department of Early Education and Care to serve the families of Bolton, Lancaster & Stow.
Early Childhood Office: Emerson Wing of the Florence Sawyer School ~ 50 Mechanic Street, Bolton MA
Elizabeth Garreffi, MS, CCC-SLP, Early Childhood Coordinator / Team Chair ~ egarreffi@nrsd.net ~ 978-779-0539 x3008